



# Hone Class Checklist

Use the before and after class checklist to get the most out of your Hone learning journey.

- Block 5-10 minutes prior to the start of the class and settle in a comfortable and quiet place.
- Grab snacks or a drink
- Grab your Hone note taking guide
- Set an away message in Slack or Teams and turn off notifications to avoid distractions.
- Make sure your Zoom app, camera, and audio are in working order.

- Take 5 minutes to reflect on what you just learned.
- Make your class commitment. You can do this through the Hone platform or an email you'll be sent shortly after the class ends.
- Review additional class resources listed on the class page on Hone platform to dig deeper and reinforce what you've just learned.

